

Organisation	Update	Support	Contact	Volunteer information
Age UK Barnet	<p>They will be aiming to help with the following: shopping, prescription collection, befriending (telephone), craft packs (puzzle books, knitting materials etc) and hot meals up to twice a week.</p> <p>Currently, only able to carry out the meals function as the rest may take a few weeks.</p> <p>They need people to donate food and toiletries for distribution to the isolated.</p>	<p>Same as update but they also have a later life planning service which provides information on welfare benefits, wills, staying warm and more. They are operating a reduced telephone service. They are currently updating their referral form.</p> <p>Age 55+</p>	<p>Befriending service: 0208 432 1416</p> <p>Later Life: 0208 432 1417, 10am-1pm Mon-Thurs</p> <p>More information here: https://www.ageuk.org.uk/barnet/our-services/information-and-advice/</p>	<p>Appeal for more volunteers.</p> <p>Most of their current volunteers are elderly so are classed as the vulnerable population. They have had interest from people locally wanting to volunteer and are aiming to create a shorter application process for them.</p>
Alzheimer's Society	<p>Social activities suspended. Helpline still operating.</p>	<p>For those looking for information, advice and support for dementia</p>	<p>0300 222 11 22</p> <p>https://www.alzheimers.org.uk/</p>	

Adult social care	Needs assessments are sometimes carried out over the phone and it is likely that assessments will be restricted to this	Safeguarding referrals, adaptations, needs assessments	0208 359 5000	
Barnet Carers Centre	Carers assessments will be carried out over the phone. Not running any support groups or workshops.	Support for carers and needs assessments. They also provide at home carers.	0203 995 1909 admin@barnetcarers.org https://barnetcarers.org/	
Barnet Citizens Advice	No face to face. Helpline only.	Housing, benefits, Macmillan welfare benefits project	Helpline: 0300 456 8365 Universal credit: 0800 144 8444 https://barnetcab.org.uk/	

<p>Colindale Foodbank</p>	<p>Still operating as normal whilst stocks last.</p> <p>Emergency food packages are being given so you can send your patient without the voucher if they need food as an emergency.</p>	<p>Food and toiletries</p>	<p>07415 223963, Trinity Church, Northwest Centre Avion Crescent Grahame Park Way NW9 5QY</p> <p>Tuesday and Thursday, 12-2.30pm</p>	<p>Urgent appeal for toiletries, tinned fruit, long life milk, coffee, tinned meat and more. See: https://colindale.foodbank.org.uk/</p>
<p>The Real Junk Food Project</p>	<p>Shorter opening times, food bank only</p> <p>Every Wednesday between 10.30 – 11.30</p>	<p>Fresh food – surplus edible food from supermarkets</p>	<p>102A Watling Avenue, Burnt Oak HA8 0LN</p> <p>Down the stairs between the IGC Church and Loveburnt oak buildings</p> <p>https://trjfp.com/</p>	
<p>Good Gym</p>	<p>Offering short telephone befriending service. They operate through Age UK. They will be revising their tasks.</p>	<p>Befriending and one off tasks for those over 60 such as clearing of the garden and telephone befriending</p>	<p>0203 432 3920</p> <p>getinvolved@goodgym.org</p> <p>https://www.goodgym.org/</p>	

<p>Good Neighbourhood Scheme (Mill Hill and Burnt Oak)</p>	<p>Shopping trips suspended for clients, but volunteers can do shopping on individual's behalf. They are still wondering if they will charge their usual £5 for shopping. They are also looking into telephone befriending.</p>	<p>Support for those who are elderly, vulnerable and isolated through lunch clubs, befriending and shopping trips, lifts to hospital or GP appointments. Usually paid services except befriending. All suspended until further notice but alternatives are being discussed.</p>	<p>0208 906 3340 and good.neighbours@yahoo.co.uk , Mon-Fri 9am-1pm</p> <p>http://www.thegoodneighbourschememhbo.com/index.htm</p>	<p>Appeal for more volunteers as their current ones are in the vulnerable group.</p>
<p>Home Start Barnet (for families)</p>	<p>Face to face support suspended.</p> <p>Volunteers will be supporting clients by phone.</p>	<p>Support families with health coaching, parenting classes, drop-in sessions, money smart class, counselling and psychological coping technique</p>	<p>020 8371 0674</p> <p>admin@homestartbarnet.org.uk</p> <p>https://homestartbarnet.org/</p>	<p>Please call.</p>
<p>Jewish Care</p>	<p>Day centre and community centre services suspended</p> <p>Hot meals and telephone befriending being arranged.</p>	<p>Provide community care to Barnet's Jewish population through community centres, care homes, dementia services and more</p>	<p>Helpline: 020 8922 2222</p> <p>https://www.jewishcare.org/</p>	

JGift	GIFT will not be visiting elderly or vulnerable people during this time although we do encourage all to make phone calls to those who are in isolation/ housebound. They will also be providing volunteers to do families shopping, carry out errands, lifts or practical support. They are providing support across north-west London to families who have had to isolate Link: info@jgift.org	Can deliver kosher food packages to vulnerable Jewish residents	Keren Pinhas- keren@jgift.org 0208 457 4429 https://www.jgift.org/	Volunteers & Donations
Samaritans	No face to face appointments, telephone service is open as normal	Offer listening and support for anyone struggling to cope	116 123 jo@samaritans.org https://www.samaritans.org/	
Sangam Centre	Only telephone advice available at this moment	Counselling, homelessness, housing, senior members group and welfare benefits	020 8952 7062 http://sangamcentre.org.uk/	

The Silver Line	Unable to contact them regarding their services. However, they are usually available 24/7	Information, advice and telephone friendship (befriending) for over 55s	0800 4 70 80 90 info@thesilverline.org.uk	volunteering@thesilverline.org.uk
Mind in Barnet	Telephone only	Advocacy, Counselling and Employment Advice	0208 343 5700 admin@mindinbarnet.org.uk https://www.mindinbarnet.org.uk/	
Barnet Wellbeing Service	Telephone only, community activities and they are working to develop activity plans/packages in the coming weeks.	Talking Therapies, advocacy and information + advice.	03333 449 088 info@barnetwellbeing.org.uk https://www.barnetwellbeing.org.uk/	
Barnet Mencap	Telephone only	Advice and support for people with learning disabilities, autism and their family carers	0208 349 3842 projectsupport@barnetmencap.org.uk https://www.barnetmencap.org.uk/	

<p>Touchpoint – Inclusion Barnet</p>	<p>Phone only.</p> <p>All support groups and face to face appointments are cancelled.</p> <p>Still accepting referrals.</p> <p>All assessments and appointments by phone, video-call and WhatsApp.</p>	<p>Support for people experiencing any form of disability in Barnet to access the services and resources they need.</p> <p>Touchpoint will be attempting to provide short term pieces of support for those impacted by the Coronavirus to access the appropriate services for their needs.</p> <p>To access this support email touchpoint@inclusionbarnet.org .uk.</p> <p>Longer term support / will require a referral - referral forms can be accessed via their website.</p>	<p>touchpoint@inclusionbarnet.org.uk</p> <p>020 3475 1314</p> <p>https://www.inclusionbarnet.org.uk/touchpoint/</p>	
<p>BOOST</p>	<p>Telephone only or email,</p> <p>Told to keep checking website</p>	<p>We are employment, benefit advice,</p> <p>skills and wellbeing project helping</p> <p>Barnet residents. & Housing</p>	<p>Phone at: 0208 359 2442</p> <p>email: boost@barnet.gov.uk</p> <p>Web: https://boostbarnet.org/</p>	

<p>Dementia Club UK</p>	<p>Suspended all the dementia clubs but I am happy to help to talk to people on the phone about dementia if they have any worries or challenges they need to talk about.</p> <p>Contact with all my members & Takes some food and other bits for one of the members who was really desperate.</p> <p>We also have 2 GPs who volunteer their time and can provide medical advice when members require it.</p>	<p>People with Alzheimer's and other forms of dementia are welcome to attend with their carers, friends and families and also welcome are those who have lost someone with dementia and are now lonely.</p> <p>provide you with professional advice and information, gentle exercise to music and fun activities in a social atmosphere with cups of tea/coffee and lovely cakes.</p> <p>2 GPs who volunteer their time and attend most sessions. Our GPs take blood pressures and also answer any medical concerns.</p>	<p>Lisa Rutter</p> <p>lisa.rutter@dementiclubuk.org.uk</p> <p>07956 858 913</p> <p>http://dementiclubuk.org.uk/</p>	
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<p>Colindale Communities Trust</p>	<p>The Colindale Communities Trust will open the One Stop Shop, 4-5 The Concourse , Grahame Park, Colindale NWE9 5XB on Tuesdays and Thursdays 10am to 1pm, mainly to give out food bank vouchers.</p>	<p>On stop shop, Young people and children, employment services</p>	<p>Staff are all working from home the rest of the week and can be reached via email : grahamepark.onestopshop@gmail.com</p> <p>and we will be checking our phone for messages periodically -</p> <p>0208 200 3014.</p> <p>www.colindalecommunitiestrust.org</p>	<p>Asking for Donations</p>
<p>Hope Corner Community Centre</p>	<p>For the time being we will remain open for the mornings.</p> <p>We are able to deliver a hot meal to local vulnerable people on a Monday and Thursday lunchtime</p> <p>we are also on the phone for a friendly call or to shop or run an errand.</p>	<p>Well- Being and activities for adults and children.</p>	<p>Sue Day</p> <p>Centre Manager</p> <p>185 Mays Lane, Barnet, EN5 2DY</p> <p>Tel: 020 8364 8756</p>	

<p>Domestic Abuse One Stop Shop</p>	<p>Providing support by phone instead of in person</p>		<p>In order to access the support from the One Stop Shop: please advise clients to contact the Housing Options Service contact centre (between 9:30am-12:30pm on Thursdays) on 0208 359 4797 where appropriate calls will be triaged and relevant referrals forwarded to Laura Rodriguez Poza.</p> <p>Laura will carry out the initial assessment and as necessary, will refer to the specialists for advice, risk assessment and support over the phone.</p>	
<p>Trussell Trust Food Bank</p>	<p>Reporting business as usual and no unexpected shortages, however Islington food bank has already announced its closure as have others elsewhere in the UK</p>			

<p>Sickness and Disability Benefits</p>	<p>Face-to-face assessments have been suspended until 16/06/20. New claims are still being accepted</p>		<p>https://www.gov.uk/government/news/face-to-face-health-assessments-for-benefits-suspended-amid-coronavirus-outbreak</p>	
<p>One Stonegrove Community Centre</p>	<p>Centre is closed from 20th March.</p> <p>They have put together a community action plan that they are currently developing.</p> <p>Will be supporting vulnerable residents in the local community, offering weekly calls to those in need of support and expanding their food bank in partnership with Bread n Butter (aiming to be able to deliver to housebound individuals).</p> <p>They are also working to develop a virtual community centre so activities can be streamed live online.</p>	<p>Well- Being and activities for the local community</p>	<p>OneStonegrove@sct.london 02083570923</p> <p>5 Hayling Way, Edgware HA8 8BN</p> <p>https://sct.london/</p>	<p>Appeal for food donations. Please call 020 8357 0923 before delivering your donation.</p> <p>If you identify someone in need locally please ask them to get in touch with the community centre or ask if you can pass on their contact details.</p>